



Parent Education Center

READY! for Kindergarten

Did you know that kindergarten readiness BEGINS AT BIRTH

Ready! is broken down into ages: Birth to 1, 1 to 2, etc., until 5 years old. Then, broken down into 3 domains:

Language/Literacy,
Social/Emotional, and
Math Reasoning.

Each 1 & 1/2 hour workshop PROVIDES YOU WITH FREE AGE AND DEVELOPMENTALLY APPROPRIATE MATERIALS AND THE WORKSHOPS PROVIDE INSTRUCTIONS ON HOW TO "PLAY WITH A PURPOSE"



Positive Solutions for Families

A free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. **Next 6 week class begins April 6, 2021**

The Incredible Years

is a 14 week series of interlocking, evidence-based classes for parents, children, and teachers, supported by over 30 years of research. The goal is to promote children's social, emotional, and academic competence. **Keep an eye out for upcoming classes!**



Register by phone:

970-824-1081

or
email:parented@connections4kids.org

Childcare is available for each class at no cost.



CHERISH THE LITTLE THINGS ART SHOW

April 22, 2021

3:00 - 7:00 pm

April 23, 2021

Noon - 7:00 pm

April 24, 2021

10:00 am - 4:00 pm

The Center of Craig
601 Yampa Avenue
Stop by and vote with your monetary donations for our Top 20 Artists (preschool through 5th grade only)

Over 300 pieces of art created by our community's youth preschool through 12th grade



Newsletter

April 1, 2021

Volume 5, Issue 4

What's Next: Love & Logic

Simple and practical techniques to help parents with kids of all ages

FREE 6 week class

Keep an eye out for our next scheduled class!!!

Parent Corner



Developing a secure attachment with your child can help them in many ways. **With a strong child/parent/guardian bond, children are more likely to have higher self-esteem, perform better in school, have positive relationships and manage stress.** Here are a few simple ways to develop that strong attachment with your child:

Be Dependable: Your child needs to see you as a safe place. Encourage your child to try new things by showing you believe they can do it on their own, but be nearby in case they need to return to you for comfort.

Be Attentive: Interact with your child one-on-one. Eye contact, warmth and touch, and smiles will help build and strengthen attachments during these interactions.

Be Predictable: Children NEED routines to feel secure. Knowing what comes next allows children to start the next step in the routine on their own, encouraging their independence.