

Parent Education Center

READY! for Kindergarten

**Did you know that
kindergarten readiness
BEGINS AT BIRTH**

*Ready! is broken down into ages:
Birth to 1, 1 to 2, etc., until 5
years old. Then, broken down
into 3 domains:*

Language/Literacy,
Social/Emotional, and
Math Reasoning.

*Each 1 & 1/2 hour workshop
PROVIDES YOU WITH FREE AGE
AND DEVELOPMENTALLY
APPROPRIATE MATERIALS AND
THE WORKSHOPS*

*PROVIDE INSTRUCTIONS ON
HOW TO
"PLAY WITH A PURPOSE"*



**Positive
Solutions
for
Families**

A free 6-week class that promotes social/emotional development and helps to reduce challenging behavior.

The Incredible Years

is a 14 week series of interlocking, evidence-based classes for parents, children, and teachers, supported by over 30 years of research. The goal is to promote children's social, emotional, and academic competence. **Keep an eye out for upcoming classes!**



Register by phone:

970-824-1081

or

email:parented@connections4kids.org

Childcare is available for each
class at no cost.

What's Happening:



Positive Solutions for Families is a 6-week interactive training providing parents with strategic practical tips and tools to create and maintain a positive relationship with your child. The philosophy and strategies of this class are proactive rather than reactive and help us to look behind the behavior for clues as to why the child is behaving the way they are.

We will be scheduling a class in mid-September so stay tuned for more details!! This class is FREE and childcare and dinner are provided as well.

Newsletter

August 1, 2021

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We thank you for your continued support and generosity through your sponsorship of our annual Art Show



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Parent Corner

Helpful Back-to-School tips for Parents:

Use a calendar: children are better prepared when they can visually see when school starts.

Start bedtime routines early: Introduce the school sleep routine two (2) weeks before school starts.

Prepare lunchboxes and keep them simple: If your child(ren) is young, make sure they are able to open any packages/containers they take in their lunchbox.

Deal with expectations: Start conversations about what your child is expecting when returning to school and if they have any questions or are unsure about anything.

Show them that you think about them: Include a little note in their lunchbox or backpack to let your children know that you think about them during the day.

Childcare after school: Be sure your child knows who will be picking them up at the end of the day (or meeting them at the bus stop if they ride the bus) and where they will be going after school (home, childcare, Boys & Girls Club, etc.)



"The expert at anything was once a beginner." - Helen Hayes